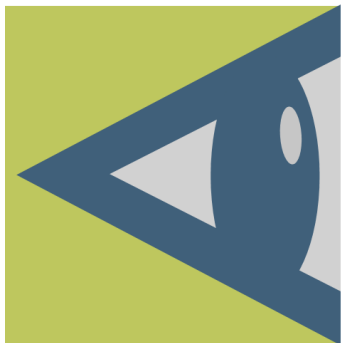




Leadership Tool: The Power of Focus

Where the focus goes, energy flows. Whatever we focus on grows.



Forward
Oppportunity
Challenge
Unlocking
Strengths/Solutions

The Power of Focus



Description:

Our bodies move in the direction our eyes and mind focus on (ask any high performing athlete!). The same is true for business. Decades of research have proven that businesses, teams and organizations move in the direction of the discussions happening in and out of meetings, despite any well-formed strategy.

Application: To accelerate closing gaps and moving forward to desired state.

- a. Determine what's most important for your business, team or organization and focus on it — a lot.
- b. Focus more on opportunities, strengths and unlocking potential solutions.
- c. This applies to how we focus on people, projects, situations and ourselves.

Tips:

- a. Insert what's most important for your business, team, and organization into everyday conversations, meetings and emails. Highlight it often.
- b. Express why the key focus is so important and ask others in what ways the focus is important to them.
- c. Shift your focus from criticizing, condemning, complaining and blaming to focusing forward on what is needed or wanted instead: the solution.